

Good For Health, Inc.

Exclusive distributor of **EZTREK®** Medical Food.



EZtrek® is a Medical Food for Nutritional Support of an Impaired Delta-6 Desaturase Metabolic Pathway

A Sampling of Anti-Inflammatory Physician-Reported Clinical Outcomes

Chronic inflammation is now known as the #1 cause of disease — from Heart Attacks to Alzheimer's and even Cancer. Death results from a 1st heart attack without symptoms about 1/3rd of the time, with no warning. Now, with the new Medical Food **EZtrek®**, there is significant help against chronic inflammation. Although a small sampling, these Case Reports attest to the unique power and effectiveness of the new Medical Food, **EZtrek®**.

Cardiovascular

- “Blood pressure consistently rising until approx. 178/93. Low salt diet stabilized BP at 160/85. Patient still concerned. Within 30 days of **EZtrek®** BP lowered near 126/69, which is consistently measured.”
- “20-yr hypertensive; Norvac and Hydrochlorothiazide. BP reduced to 138/90. When **EZtrek®** was added, after 3 months BP reduced to 126/75.”
- Calcified plaque reduction — “Baseline non-contrast CT Agatston Score of 727 on 4/30/2021: Score reduced to 666 on 6/30/2022 [7 months taking **EZtrek®**]. This translates to an annualized calcified plaque reduction of 14.3%.”

- “I’m 81 years old with numerous long-term based Lyme / Mold / Genetic inflammatory-related issues. My calcium score is zero (0)...”

EZtrek® PROVEN TO REVERSE PLAQUE

Arterial health test results for an 85-year-old male with a highly occluded (1/3rd vascular) tree. After four months of **EZtrek®** use (1/2 teaspoon, twice daily in the morning and at bedtime), the type-6 level of occlusion was **eliminated**.

Reduced Inflammatory Markers

- C-reactive protein #1 (cancer patient) – “...3 high-sensitivity CRP tests conducted – June value was 1.4, mid-September was 1.8, and late November was 0.7. The 0.7 value [61% decrease] represents approximately 3 ½ weeks of **EZtrek®** use.”
- “C-reactive protein #2 (CHF patient) – “History of CHF, likely induced from Lyme, etc. Contributing is MTHFR. High-sensitivity CPR test went from 1.5 to 1.1. The 1.1 value [27% decrease] represents 4 weeks of **EZtrek®** use.”
- “Homocysteine – (CHF patient #2 above) – Homocysteine decrease from 13 to 9 [31%] decrease after 4 weeks of **EZtrek®** use.”
- “72 y/o male with elevated PSA of 6.2 in 04/2021. Mold toxicity. Home is unremediated. 2 months with **EZtrek®**: right posterior lesion shrunk from 0.9x0.7 cm to 0.7x0.6cm, a 33% decrease in area.”

Arthritis / Pain / Neuropathy

- “...knuckles and the swelling in her proximal interphalangeal and metacarpophalangeal joints of her hands and wrist were reduced by 75% since she has been taking 2 tsp of **EZtrek®** [morning/evening doses]...”
- “...4 knuckles on my fingers from osteoarthritis, and they are slowly being reduced by the use of **EZtrek®**.”
- “I injured my back mid-2021... I started using **EZtrek®**, and within 7 days the muscle inflammation in my back subsided to the point that I moved freely without concern.”
- “...using **EZtrek®** for one month, states that her energy is better, motivation is better, the numbness and tingling she has throughout her body in the mornings due to an old neck injury, is nearly gone.”

- “...issue is a nerve entrapment and inflammation in my right root due to a bike accident over 6 months ago. I also have some neuropathy in that foot and had a surgical procedure to remove 2 bone spurs. After the procedure I encountered a hematoma and much inflammation...experience a pulsation or twitch that doesn’t seem to go away... With trying the **EZtrek®** treatment at the onset, I found that my inflammation and nerve pain decreased...”

- ...“92-year-old female fell – 3 fractures of hip: similar event 10 years prior. She had been taking **EZtrek®** for 6 months prior to falling. After 10 days skilled nursing, projected time to home using walker, was 6-8 weeks...”

COPD / COVID Lung Impairment

- “...diagnosed with COPD over 10 years ago...stage 2. I also have a history of pneumonia over the years. I have been taking Albuterol for 10 years plus Symbicort and Prednisone... When I started **EZtrek®**, within an hour, I could actually feel my lungs opening. I am no longer using my Albuterol. I have more energy and am able to walk without being winded. My blood pressure is normal, and pain has reduced completely.”

- COPD w / fibrosis (scarring) pt #2: “54-yr-old female. History of smoking less than 1 pack a day for 20 years. Diagnosed with COPD 3 years ago. Put on several medications. History of COVID-19, which caused damage to lungs. Pneumothorax with collapsed lung that required hospitalization. CT showed significant scarring. Pulmonologist was guarded on any improvement, stating, ‘Your case is grim.’ She has labored breathing and required 24-hour oxygen... (She has only been on **EZtrek®** for one month.) She no longer requires oxygen and can now speak and move about without being winded. Nothing else changed other than adding **EZtrek®**.”

Neuropathy

Neuropathy (cancer patient): “52-yr-old Hispanic female. History of positive stage 4 breast cancer for 17 years. Mets to bone and liver. Spine, clavicle, rt femur. Chemo-induced neuropathy for 3 years. She has been on **EZtrek®** for 3 weeks and is having fewer problems with pain from neuropathy. She reports more energy and feels stronger. This is an exciting case as the scars underneath both arms are already getting softer.”

Seizures / Non-Communicative

“An elderly woman in her early 90’s had been having absence seizure-like activity for many years and would only communicate intermittently with her family... After 1 month of taking **EZtrek®**, the woman started to speak more

spontaneously... She has maintained this improved behavior for many months. The absence seizure -like behavior has stopped.”

Breast Health

“...2 months ago, had 2 enlarged axillary lymph nodes, a swollen left breast duct, and 30% larger left breast. Today, there is excellent bilaterally equal and normal (healthy) texture of breast tissue, no lymph node enlargement or breast swelling. Only difference is that she has taken **EZtrek®**....”

Lyme - Tick-related

“I have a patient taking **EZtrek®** for 1 month and her brain fog and mental clarity have greatly improved (a result of decreased inflammation of the brain). She has a number of problems such as Epstein-Barr, hypothyroid, Lyme, and post-Covid fatigue. Nothing else changed other than adding **EZtrek®**.”

Dementia / Alzheimer's

“85 years old. Diagnosable diseases are Dementia / Alzheimer's. She is completely immobile, and bed/wheelchair bound... She had rapidly declined since August of this year [2024]. Hospice accepted her...she had 6 months or less to live. [With **EZtrek®**] on December 23rd [4 months later]...they will remove her from the program, which is remarkable and encouraging! The only thing I have done is given her **EZtrek®**.”

Brain Injury

“I'm curious about **EZtrek®**, which John has taken since his last appointment. Before his brain injuries, John was a very good writer. Since then, it's been a struggle. He recently wrote 3 separate things to family members, and I was amazed at what he said and how he said it.”

Gout

Physician self-patient: “Since starting **EZtrek®**, I have never had another gout attack.”

Eczema

- “I've had the pt. on **EZtrek®** for 6 months. Since then, she has had no eczema flare-ups. ”

- “Physician self-patient: “I was suffering from total body eczema, some areas worse than others. I did a three-month treatment with **EZtrek®**, 2 teaspoons per day (2 doses) the first month, 1 daily dose in months 2 and 3. My eczema is 90% resolved”

**Rapid Healing with EZtrek® After a Brutal Fall
Ideal Prevention for At-Risk Elderly Patients**



“86-year-old patient experienced a significant bilateral orbitofrontal and nasal crushing injury in a fall. She incurred the anticipated bilateral upper and mid-facial swelling and ecchymosis but surprisingly had much less nasal injury than expected, including no fractured/comminuted nasal bones or orbital rim/floor fracture. Within 10 days, she demonstrated remarkable resolution of the facial edema and bruising, and thereafter quickly eliminated the remainder over the ensuing weeks. So not only did it seem that her facial soft tissues and bones were more resilient and the bones also not brittle, but her overall recovery was unusually expedited and uncomplicated.”

—Geoffrey L. Robb, M.D., F.A.C.S. Professor / Past Chairman / Department of Plastic Surgery, The University of Texas MD Anderson Cancer Center, Houston, TX



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800-994-0301

